MEDMETERS / ILLUSTRATIVE ASSESSMENT OUTPUT

Functional Mobility Assessment

30-Second Chair Stand · CDC STEADI reference

Example only — not produced by a validated MedMeters algorithm

Patient: Sample (fictional) | **Visit 3 / follow-up** | **Pending review**

BASELINE	VISIT 2	CURRENT	CHANGE
9	10	12	+3

Longitudinal result · complete stands in 30 seconds

Protocol & conditions

Reference:	CDC STEADI Chair Stand
Seat:	17 in / 43.2 cm (example)
Duration:	30 seconds
Arm position:	Across chest — verify
Camera:	Side/oblique smartphone (proposed)

Quality & clinician review

Draft count:	12 full stands
Ambiguous event:	1 flagged; excluded from draft
Protocol compliance:	Pending confirmation
Visit comparability:	Pending review
Reviewed by / at:	— / pending sign-off

DRAFT CHART NOTE · CLINICIAN APPROVAL REQUIRED

Patient completed 12 full chair stands during the 30-Second Chair Stand Test, compared with 9 at baseline and 10 at the prior follow-up. One additional movement was flagged for clinician review and excluded from the draft count. Protocol adherence, capture quality and visit comparability require confirmation before this note is finalized.

Patient-friendly explanation (draft)

The demonstration shows a change from 9 to 12 stands over three visits. Only your clinician can explain what this numerical change means for your care.

DEMONSTRATION ONLY · No patient data, no clinical clearance, no automatic analysis is claimed.

Original protocol: CDC STEADI 30-Second Chair Stand · cdc.gov/steadi