

STANDARD CLINICAL ASSESSMENT / CDC STEADI

30-Second Chair Stand

Clinician-reviewable report concept | Example follow-up record

BASELINE

9 reps

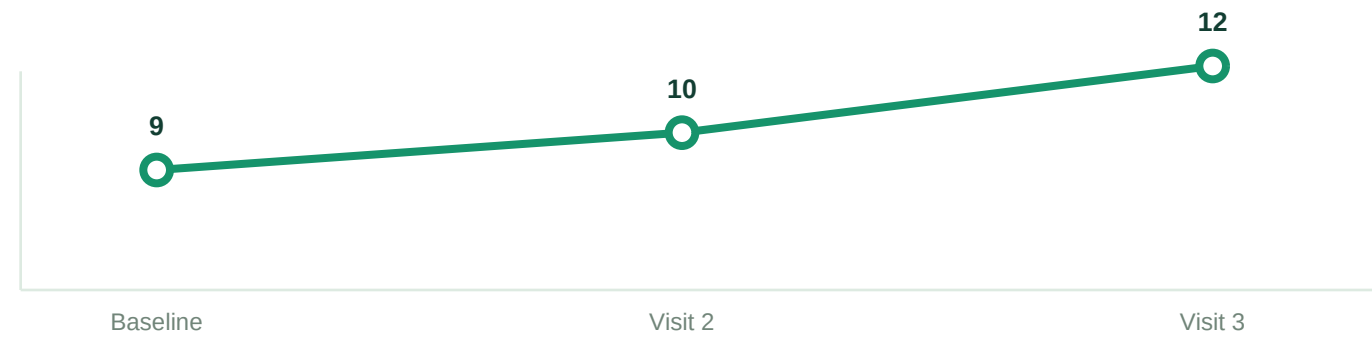
FOLLOW-UP

12 reps

DIFFERENCE

+3 reps

Longitudinal assessment history



Protocol details & clinical review

Procedure	30-Second Chair Stand (CDC STEADI)
Endpoint	Completed full stands in 30 seconds
Chair specification	17-inch seat; straight back; no armrests
Review status	Pending clinician confirmation (example)
Video quality	Not assessed: illustrative report

Clinical interpretation is not automated.

Numerical change alone does not establish clinically meaningful improvement.

This is a fictional example. It is not a result from a MedMeters model or a clinical validation study.

Official reference: CDC STEADI 30-Second Chair Stand protocol